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**Chapter 5 – CD – Reading Guide**

1. What does a newborn (neonate) look like in the first few hours?

2. What are fontanels? What age do they fully close?

3. What is the Apgar Scale? What does it measure?

4. What is the average weight and length of a newborn?

5. What is attachment? Why is it important?

6. Explain a newborn’s sleep patterns. How long do they sleep each day?

7. What age do newborns show special preferences for certain faces?

8. Explain each sensory development in infants:

* Visual Acuity-
* Auditory Acuity-
* Taste-
* Smell-
* Touch-

9. What are reflexes?

10. What are skills?

11. What are motor abilities?

12. Explain the following reflexes in newborns:

* Rooting-
* Sucking-
* Mouthing-
* Moro Reflex-
* Grasping-
* Tonic Neck Reflex-
* Babinski-
* Stepping-
* Swimming-

13. Explain gross motor skills and give three examples.

14. Explain cephalocaudal development and give an example.

15. Explain proximodistal development and give an example.

16. Explain the progression of walking in infants and the ages related.

17. Explain 4 advantages of breast feeding over bottle feeding.

18. Explain 4 advantages of bottle feeding over breast feeding.

19. What age can solid foods be introduced? What type of food is introduced first and then what?

20. What is over nutrition? What are the risk factors of over nutrition?

21. Explain the following:

* Low birth weight-
* Small to date-
* Pre-term-

22. What are the risks of low birth weight?

23. What are the causes of low birth weight?

24. Explain failure to thrive.

25. Explain the infant mortality rate. Who is at a higher risk of infant mortality? Causes?

26. When does infancy end?